

August and September 2017
St Rose Sandwich and Salad Menu

Monday	Tuesday	Wednesday	Thursday	Friday
8/28	8/29	8/30	8/31	9/1
		Oriental chicken salad with mandarin oranges, onion, carrots, peas, w/g roll, Apple Ham and cheese on w/g bread with lettuce and tomato, Broccoli Bites, Carrots, Apple	Chicken Casear salad with peas, carrots, tomatoes, cucumber, onion, a w/g roll and raisils Hamburger on w/g bun with broccoli bites, grape tomatoes, tots and watermelon raisils	NOON DISMISSAL
9/4	9/5	9/6	9/7	9/8
Happy Labor Day!	Spinach Chef salad with turkey, egg, cucumbers, tomatoes, red onion, carrots, w/g roll and an apple Chicken patty sandwich on a w/g bun with lettuce, tomato, baby carrots coins, broccoli and an apple	Santa Fe chicken salad with corn, black beans, salsa, w/g tortilla chips, chilled pears Ham and cheese on w/g bread with lettuce, tomato, bean salad, and chilled pears	Cobb salad with turkey, egg, grape tomatoes, carrots, w/g roll, garden peas and an apple W/G beef & cheese burrito with cowboy beans, salsa, corn salad, baby carrots and a local pear	Garden salad with chicken, carrot, tomatoes, broccoli, peas, garbanzo beans, w/g roll, raisils Turkey and ham with cheese on w/g bread with lettuce, tomato, spinach salad, with peas, raisils
9/11	9/12	9/13	9/14	9/15
Thai Salad with Chicken with tomatoes, broccoli, peas, garbanzo beans, w/g roll Turkey & Cheese on W/G Bread lettuce, tomato, pea salad, and a red apple	Chef salad with turkey, egg, cucumbers, tomatoes, red onion, sweet corn, carrots, w/g roll, orange Spicy Chicken sandwich on a w/g bun with lettuce, tomato, baby carrots tots, broccoli and an orange	Santa Fe chicken salad with corn, black beans, salsa, w/g tortilla chips, pineapple cup Ham and cheese on w/g bread with lettuce, tomato, baby carrots, broccoli bites & a pineapple cup	Oriental chicken salad with mandarin oranges, onion, peas, carrots, peas, w/g roll Toasted Cheese Sandwich, tossed salad, grape tomatoes cucumber slices and raisils	Chicken Casear salad with beans, carrots, tomatoes, cucumber, onion, a w/g roll and a pear Turkey and ham with cheese on w/g bread with lettuce, tomato, broccoli, black bean salad & a pear
9/18	9/19	9/20	9/21	9/22
Garden salad with chicken, carrot, tomatoes, broccoli, peas, garbanzo beans, w/g roll, apple Turkey & Cheese on W/G Bread lettuce, tomato, pea salad, and an apple	Spinach Chef salad with turkey, egg, cucumbers, tomatoes, red onion, carrots, w/g roll Chicken patty sandwich on a w/g bun with lettuce, tomato, cucumber coins, broccoli and orange wedges	Garden salad with chicken, carrot, tomatoes, broccoli, peas, garbanzo beans, w/g roll, pear Ham and cheese on w/g bread with lettuce and tomato, carrots, and a pear	Cobb salad with turkey, egg, grape tomatoes, carrots, peas, w/g roll and a peach cup Hamburger on w/g bun with broccoli bites, baby carrots, tots and a peach cup	Taco salad with beef, black beans, corn, spicy salsa, and w/g tortilla chips, raisils Turkey and ham with cheese on w/g bread with lettuce, tomato, black bean salad, broccoli, raisils
9/25	9/26	9/27	9/28	9/29
Thai Salad with Chicken with tomatoes, broccoli, peas, garbanzo beans, w/g roll, orange Turkey & Cheese on W/G Bread lettuce, tomato, spinach salad, garden peas and an orange	Chef salad with turkey, egg, cucumbers, tomatoes, red onion, carrots, w/g roll, pineapple cup Spicy Chicken sandwich on a w/g bun with lettuce, tomato, baby carrots tots, and a pineapple cup	Santa Fe chicken salad with corn, black beans, salsa, w/g tortilla chips and a fresh pear Ham and cheese on w/g bread with lettuce, tomato, pea salad, local pear	Oriental chicken salad with mandarin oranges, onion, peas, broccoli, peas, w/g roll Hamburger on w/g bun with broccoli bites, baby carrots, tots and an apple	Chicken Casear salad with beans, carrots, tomatoes, cucumber, onion, a w/g roll an a pear Turkey and ham with cheese on w/g bread with lettuce, tomato, baby carrots, and a pear

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