

February 2018
St Rose Sandwich and Salad Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/29	1/30	1/31	2/1	2/2
Thai Salad with Chicken with tomatoes, broccoli, peas, garbanzo beans, w/g rolls, pear Turkey & Cheese on W/G Bread lettuce, tomato, baby carrots, pea salad and a pear	Spinach Chef salad with turkey, egg, cucumbers, tomatoes, red onion, peas, carrots, w/g rolls, pineapple Spicy Chicken sandwich on a w/g bun with lettuce, tomato, broccoli sweet potato tots, pineapple cup	Oriental chicken salad with mandarin oranges, onion, peas, broccoli, carrot, w/g rolls Ham and cheese sandwich with lettuce, tomato, spinach salad, carrots and a local apple	Santa Fe chicken salad with corn, black beans, salsa, w/g tortilla chips & a pear Hamburger on a bun with lettuce, tomato, baked tots & a pear	Taco salad with beef, black beans, corn, spicy salsa, broccoli, w/g tortilla chips, and raisils Turkey and ham with cheese on w/g bread with lettuce, tomato, Broccoli, spinach salad, & raisils
2/5	2/6	2/7	2/8	2/9
Garden salad with chicken, carrot, cucumbers, broccoli, peas, garbanzo beans, w/g rolls, apple Turkey & Cheese on W/G Bread lettuce, tomato, pea salad, cucumbers & a Gala apple	Chef salad with turkey, egg, peas, cucumbers, tomatoes, red onion, carrots, w/g rolls, & orange wedges Chicken patty sandwich on a w/g bun with lettuce, tomatoes, baby carrots & orange wedges	Taco salad with beef, black beans, corn, spicy salsa, broccoli, w/g tortilla chips, and raisils Turkey and ham with cheese on w/g bread w/ lettuce, tomato, black beans, broccoli bites, raisils	Cobb salad with turkey, egg, grape tomatoes, carrots, peas, w/g rolls and a local pear Hamburger on a w/g bun with baby carrots, tots and a local pear	Oriental chicken salad with mandarin oranges, onion, peas, broccoli, carrot, w/g rolls Ham and cheese sandwich with lettuce, tomato, spinach salad, carrots and a pear
2/12	2/13	2/14	2/15	2/16
Thai Salad with Chicken with tomatoes, broccoli, peas, garbanzo beans, rolls, orange Turkey & Cheese on W/G Bread lettuce, tomato, baby carrots, pea salad and an orange	Spinach Chef salad with turkey, egg, cucumbers, tomatoes, red onion, peas, carrots, w/g rolls, peach cup Spicy Chicken sandwich on a w/g bun with lettuce, tomato, broccoli sweet potato tots, peach cup	Santa Fe chicken salad with corn, black beans, salsa, w/g tortilla chips & applesauce Ham and cheese sandwich with lettuce, tomato, black beans, carrots and an applesauce cup	Oriental chicken salad with mandarin oranges, onion, peas, broccoli, carrot, w/g rolls Hamburger on a bun with lettuce, tomato, spinach side salad, baby carrots & a pear	Taco salad with beef, black beans, corn, spicy salsa, broccoli, w/g tortilla chips, and an apple Turkey and ham with cheese on w/g bread with lettuce, tomato, broccoli, pea salad, & an apple
2/19	2/20	2/21	2/22	2/23
Presidents Day No School	Weather Make Up Day No School	Spinach Chef salad w/ turkey, egg, cucumbers, tomatoes, red onion, peas, carrots, w/g rolls, pear Turkey and ham with cheese on w/g bread with lettuce, tomato, carrots, side salad, pear	Taco salad with beef, black beans, corn, salsa, broccoli, w/g tortilla chips, and a peach cup Hamburger on a w/g bun with celery sticks, baked beans and a peach cup	Cobb salad with turkey, egg, grape tomatoes, carrots, peas, w/g rolls and a local apple Turkey and ham with cheese on w/g bread with lettuce, tomato, broccoli bites, pea salad, apple
2/26	2/27	2/28	3/1	3/2
Thai Salad with Chicken with tomatoes, broccoli, peas, garbanzo beans, w/g rolls, apple Turkey & Cheese on W/G Bread lettuce, tomato, broccoli bites, black bean salad and an apple	Chef salad with turkey, egg, cucumbers, tomatoes, red onion, peas, carrots, w/g rolls, pear Spicy Chicken sandwich on a w/g bun with lettuce, tomato, broccoli, sweet potato tots, pear	Santa Fe chicken salad with corn, black beans, salsa, tomatoes w/g tortilla chips & peaches Ham and cheese sandwich with lettuce, tomato, spinach salad, carrots and a peach cup	Oriental chicken salad with mandarin oranges, onion, peas, broccoli, carrot, w/g rolls Hamburger on a bun with lettuce, tomato, tator tots and a local grown apple	Taco salad with beef, black beans, corn, spicy salsa, w/g tortilla chips, and orange wedges Turkey and ham with cheese on w/g bread with lettuce, tomato, cucumbers, pea salad, & orange

Choice of milk with included with each meal

"This institution is and equal opportunity provider and employer"

